



Aphasia Re-Connect

Registered Charity Number 1176125

Befriending Scheme



Aphasia Re-Connect
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About the Befriending Scheme:



The scheme is for people living with aphasia.

We will match you with a befriender who has had training and police checks.

The befriender is a person like you, who has aphasia. They have personal experience of living with aphasia.



The befriender will meet up with you to have a **one to one conversation.**

They are **trained** to help you communicate if it is hard to talk.

You will have an opportunity to:

- **Get to know each other**
- **Share your experiences** of aphasia
- **Share tips** about living with aphasia
- **Share knowledge** about what's available for people living with aphasia in your local area



Where will you meet?

- At your **home**
- Maybe **going out** as time goes on if you are confident with your mobility.



How **many times** will I meet with the befriender?

- You can decide with your befriender how often to meet
- You will meet for **6 visits**
- During this time, **we will check that both you and the befriender are happy**



Are the befrienders **medically trained**?

- **No - the befrienders** will not give advice on medical matters
- **Their role** is to **share mutual experiences** of stroke and aphasia
- To **interact** with you, and **share stories** and **interests**
- To share **tips** and **ideas**
- To share **information** with you on **what is on** in your area
- To keep you **company**

What happens if I **don't want to continue** with the scheme?

If you **decide you do not wish to continue then please let us know.**

To know more contact:

Sally@aphasiareconnect.org or 07885 288943

