

## What is Aphasia?

Aphasia is a communication disability.

It can make it hard for you to understand, speak, read or write.

But everybody is different!

Have you heard of

# APHASIA




## Did you know...?

More people in the UK have Aphasia than Parkinson's:

350 000 people have Aphasia (Stroke Association)

145 000 people have Parkinson's (Parkinson's UK)

## Tips for communication

1. Use gesture 
2. Use eye contact 
3. Use drawing 
4. Use writing
5. Take your time 
6. Use symbols 
7. **Express yourself clearly**



**Please share this poster with others!**

## Where to find support

**Aphasia Re-Connect** is a charity. It aims to improve the lives of people with aphasia through equipping them to re-connect with their lives.

<https://aphasiareconnect.org/>

